



## Discovering My Abilities

Ability	LOVE IT!	LIKE IT!	COULD LIVE WITHOUT IT!
<b>Adapting:</b> The ability to adjust, change, alter, modify.			
<b>Administrating:</b> The ability to govern, run, rule.			
<b>Analyzing:</b> The ability to examine, investigate, probe, evaluate.			
<b>Building:</b> The ability to construct, make, assemble.			
<b>Coaching:</b> The ability to prepare, instruct, train, equip, develop.			
<b>Communicating:</b> The ability to share, convey, impart. , total, calculate.			
<b>Competing:</b> The ability to contend, win, battle.			
<b>Computing:</b> The ability to add, estimate, total, calculate.			
<b>Connecting:</b> The ability to link together, involve, relate.			
<b>Consulting:</b> The ability to advise, discuss, confer.			
<b>Cooking:</b> The ability to prepare, serve, feed, cater.			
<b>Coordinating:</b> The ability to organize, match, harmonize.			
<b>Counseling:</b> The ability to guide, advise, support, listen, care for.			
<b>Decorating:</b> The ability to beautify, enhance, adorn.			
<b>Designing:</b> The ability to draw, create, picture, outline.			
<b>Developing:</b> The ability to expand, grow, advance, increase.			
<b>Directing:</b> The ability to aim, oversee, manage, supervise.			
<b>Editing:</b> The ability to correct, amend, alter, improve.			
<b>Encouraging:</b> The ability to cheer, inspire, support.			
<b>Engineering:</b> The ability to construct, design, plan.			
<b>Facilitating:</b> The ability to help, aid, assist, make possible.			
<b>Forecasting:</b> The ability to predict, calculate, see trends, patterns, and themes			
<b>Implementing:</b> The ability to apply, execute, make happen.			

Ability	LOVE IT!	LIKE IT!	COULD LIVE WITHOUT IT!
<b>Influencing</b> – The ability to affect, sway, shape, change			
<b>Managing</b> : The ability to run, handle, oversee.			
<b>Mentoring</b> : The ability to advise, guide, teach.			
<b>Motivating</b> : The ability to provoke, induce, prompt.			
<b>Negotiating</b> : The ability to discuss, consult, settle.			
<b>Operating</b> : The ability to run mechanical or technical things.			
<b>Organizing</b> : The ability to simplify, arrange, fix, classify, coordinate.			
<b>Performing</b> : The ability to sing, speak, dance, play an instrument, act out.			
<b>Pioneering</b> : The ability to bring about something new, groundbreaking, original.			
<b>Planning</b> : The ability to arrange, map out, prepare.			
<b>Promoting</b> : The ability to sell, sponsor, endorse, showcase.			
<b>Recruiting</b> : The ability to draft, enlist, hire, engage.			
<b>Repairing</b> : The ability to fix, mend, restore, heal.			
<b>Researching</b> : The ability to seek, gather, examine, study.			
<b>Resourcing</b> : The ability to furnish, provide, deliver.			
<b>Serving</b> : The ability to help, assist, fulfill.			
<b>Strategizing</b> : The ability to think ahead, calculate, scheme.			
<b>Teaching</b> : The ability to explain, demonstrate, tutor.			
<b>Translating</b> : The ability to interpret, decode, explain, speak.			
<b>Traveling</b> : The ability to journey, visit, explore.			
<b>Visualizing</b> : The ability to picture, imagine, envision, dream, conceptualize.			
<b>Welcoming</b> : The ability to entertain, greet, embrace, make comfortable.			
<b>Writing</b> : The ability to compose, create, record.			