

A Prayer of Confidence Psalm 16

Small Group Curriculum

Worship

Listen to a Worship song (If you need suggestions you can use one from the YouTube Playlist for this week) or express something that you are thankful to God for.

Welcome

1. Check In – How is everyone doing (good things, lessons learned, prayers answered)?

Word

2. What is the longest you have gone without sleep and why?
3. Have you seen signs or experienced any COVID fatigue?
4. Read Psalm 16
5. This psalm was written when David was displaced, distressed, disoriented, and depressed. How has our present circumstances done this to us?
6. David had an unwavering, single-minded focus and trust in God in the midst of his difficulties. What are some of the confident statements he makes? How do we see these unfold in our own lives?
7. What confident statement from this Psalm do you need to focus on right now? How can you grow in this area of your life?

Witness

How can we minister to people, outside the church, who are suffering from Covid fatigue?

Prayer

Pray for any other concerns that your group has.