Callander Bay Church

Prayer Journal

Week 1: Connect with Christ

Welcome to the Callander Bay Church 21 Days of Prayer Journal.

If you have been around the Christian faith long enough you know that prayer is important. The Bible is full of statements that show us the significance of prayer. Here are just a few of the verses:

"If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land." 2 Chronicles 7:14

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. Ephesians 1:18

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. Philippians 4:6

Devote yourselves to prayer, being watchful and thankful. Colossians 4:2

"Pray continually" 1 Thessalonians 5:17

Sometimes the call to prayer does not always translate into prayer filled lives. Understanding the necessity of prayer is not enough. Recently retired Pastor and Theologian and founder of the Gospel Coalition, Timothy Keller was asked, "Looking back, is there anything you wish you had done differently in ministry?" His response is poignant, "Absolutely. I should have prayed more. No question."

As we begin the new year, I want us to take some time to focus on prayer. Ultimately prayer is to be one our key spiritual habits in our every day lives, but it good to raise it to the forefront. If you want to be a part of this prayer journey, I would encourage you to take a moment and fill in the commitment section below.

My Commitment

I, _____, commit to praying daily during the 21-day prayer journey.

Date: _____

Signature:_____

SUGGESTIONS

The prayer journey is individual in nature, there are no specific rules or guidelines, but let me make a few suggestions.

Prayer is most effective when it isn't something we do every now and then, but when it's a lifestyle we cultivate. To understand how to have a lifestyle of prayer, we can look at the example Jesus gave during His life on earth.

HAVE A CERTAIN TIME

Jesus got up early in the morning to spend time with His Heavenly Father. Make a daily appointment with God — whether it's first thing in the morning, at lunch, or in the evening — and faithfully keep it.

HAVE A CERTAIN PLACE

Jesus had a specific place He went to pray. Having a designated place to pray helps us remove distractions and frees us to worship and pray out loud.

HAVE A CERTAIN PLAN

When Jesus taught His disciples how to pray, He gave them a prayer outline. We call it "The Lord's Prayer." As we pray every day, our plans for our prayer time can vary, maybe including worship music, Bible reading, and quiet time to listen to God. It doesn't always have to look the same; it just helps when we have a plan for connecting regularly with God. For the 21 days of prayer, I would suggest you use this journal as your guide. I would also recommend that you pick a length of time you are committing to. For some 5 minute is going to be a challenge. For others you may want to commit to an hour.

ADDITIONAL SUGGESTIONS

You may want to consider a day of fasting as well as you commit to this journey of prayer (or one day per week during the 21 days.) I would encourage you to pray with your ears open, to listen for God's voice and direction. Write those thoughts done. Last, don't give up. Life happens, so if you miss a day, start again. There is also a daily thanksgiving section. Let's give thanks in all circumstances for this is the will of God. Let's commit to the 21 days of prayer journey and see what God can do.

Pray for a Spirit of Wisdom and Revelation

"I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation."
Ephesians 1:17

Prayer Points

- Pray that God would give you persistence on this journey.
- Pray that God's voice would be louder than any distractions.
- Pray that God would give you a Spirit of wisdom as you seek Him.
- Pray that God would give a Spirit of revelation to connect more deeply with Him.

MY PRAYER

DAILY THANKS

LISTENING JOURNAL

Pray that You May Know His Better

"I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, ***so that you may know him better***." Ephesians 1:17

Prayer Points

- • Continue to pray that God would give you the Spirit of wisdom and revelation.
- • Pray that God would reveal more of Himself to you.
- • Pray that your knowledge of Him would be deeper than just information.
- • Prayer for a deeper confidence in His character.

MY PRAYER

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LISTENING JOURNAL

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Pray that You Would Know Hope

"I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you,"

Ephesians 1:18

Prayer Points

- Pray that God would "open the eyes of your heart."
- Pray that God would reveal hope to you. Hope for today, bright hope for tomorrow.
- Pray that God would reveal to you, your calling and the hope that is connected to it.

MY PRAYER

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DAILY THANKS

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LISTENING JOURNAL

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Pray to Know the Riches of Your Glorious Inheritance

I pray that the eyes of your heart may be enlightened in order that you may know...the riches of his glorious inheritance in his holy people, Ephesians 1:18

Prayer Points

- Pray that God would "open the eyes of your heart."
- Pray that God would reveal to you the riches of His grace and His promises to you.
- Pray that God would reveal his inheritance to you.

MY PRAYER

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LISTENING JOURNAL

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Pray to Know His Incomparably Great Power

"I pray that the eyes of your heart may be enlightened in order that you may know... and his incomparably great power for us who believe. That power is the same as the mighty strength"
Ephesians 1:18-19

Prayer Points

- Pray that God would continue to "open the eyes of your heart."
- Pray that God would reveal his incomparably great power to you.
- Pray that God's power would be demonstrated in your life, home, and our church.
- Pray that God would strengthen you with power in your inner being.

MY PRAYER

DAILY THANKS

LISTENING JOURNAL

Pray to be Rooted in Love

And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ. Ephesians 3: 18-19

Prayer Points

- • Pray that you would be rooted in Christ's Love.
- • Pray that you would be able to discover the dimensions of God's love.
- • Pray that His love would be deeper than mere knowledge.
- • Pray that as a church community we would be able to grasp His love together.

MY PRAYER

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LISTENING JOURNAL

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Pray to be Filled with the Fullness of God

I pray...that you may be filled to the measure of all the fullness of God.
Ephesians 3:19

Prayer Points

- Pray that you would be filled with all the fullness of God.
- Pray that you would be connected with Christ through knowing His hope, the riches of His inheritance, love and power.
- Pray that His fullness would be revealed to others.

MY PRAYER

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DAILY THANKS

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LISTENING JOURNAL

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