

Sunday: Nov. 12, 2023

Series: The Always God

Sermon: Always Working: Calming the Anxious

Speaker: John Inthof

Scripture: Philippians 4:6-7, Mark 4:35-41, Matthew 14:22-36

Worship

Listen to a Worship song (If you need suggestions, you can use one from the YouTube Playlist for this week) or express something that you are thankful to God for.

Welcome

Check In – How is everyone doing (good things, teaching applied, lessons learned, prayers answered)?

Word

- What is your biggest stressor in your life right now?
- Have you ever struggled with anxiety? Are you close to anyone who struggles with it? If so, what
- Read the two stories of Jesus and his disciples in the storm. Mark 4:35-41, Matthew 14:22-36. Both times they had had busy days of ministry and then it got crazy/stormy. Have you ever noticed a similar trend in your life?
- In the Mark 4 story the disciples accused Jesus of not caring, have you ever done something similar? Why do we doubt Jesus' power over the storm?
- Have you ever had Jesus miraculously calm a storm in your life?
- In the Matthew 14 story the tells us that Jesus sent them into the storm. How does that make you feel?
- Jesus offers the disciples words of encouragement, hope and faith during the storm. Why is this important? What else do we learn from this interaction from Jesus?
- Read Philippians 4:6-7
- What is something practical that you can apply from this verse that applies to the lesson today?

Witness

- How is the message of hope in the midst of anxiety such and important message for today?

Prayer

Pray that Jesus will calm your anxiousness. Pray for any other prayer requests you have.