

Sunday: January 25, 2026

Series: Jordan River Rules

Sermon: Part 2: Say No to Discouragement. Yes to Strength

Speaker: John Inthof

Scripture: Joshua 1:6-9

Worship

Listen to a Worship song (If you need suggestions, you can use one from the Small Group YouTube Playlist) or express something that you are thankful to God for.

Welcome

Check In – How is everyone doing (good things, teaching applied, lessons learned, prayers answered.)

Word

- Are you afraid of something? (heights, spiders, snakes, enclosed spaces, something else?)
- Read Joshua 1:6-9
- How is God's word important in the acquiring of strength?
- How does Robert Morgan's quote encourage you? "One of the secrets of amassing strength is reminding yourself God requires it—and He who requires it, provides it."
- What are some of the negative effects of fear and anxiety on our faith? Have you ever had a time when your fear was greater than your faith?
- What can we do to overcome fear?
- How can discouragement effect our faith?
- Pastor John made three suggestions on overcoming discouragement: Resignation, recalibration and recalculation. What does that mean?
- What is something that you can practically apply from this lesson?

Witness

- How does discouragement and fear keep us from telling others about Jesus? What can we do to overcome it?

Prayer

Pray that God will help you apply this lesson. Pray for any other requests you have.