

Sunday: Oct. 11, 2026

Series: Surviving to Thriving

Sermon: Part 5: Giving Thanks

Speaker: John Inthof

Scripture: Ephesians 5:20

Worship

Listen to a Worship song (If you need suggestions, you can use one from the Small Group YouTube Playlist) or express something that you are thankful to God for.

Welcome

Check In – How is everyone doing (good things, teaching applied, lessons learned, prayers answered.)

Word

- What do you like most about the fall season?
- Read Ephesians 5:20, 1 Thessalonians 5:18, Philippians 4:6
- Why is it sometimes hard to be thankful?
- Pastor John stated 10 benefits of Giving Thanks. Which ones stand out to you and why?
- Fulfills God's Will, Opens access to God's Presence, Brings peace and reduces anxiety, Shifts focus from grumbling, Keeps you humble, Magnifies and Honours Christ, Positions you for more blessing, Protects against bitterness, Ignites joy.
- What can we do to daily get in the habit of gratitude?
- What is one practical thing you do to apply this lesson?

Witness

- How can being a thankful person draw people to Christ?

Prayer

Pray that God will help you apply this lesson. Pray for any other requests you have.